

Privacy Statement – Pascale Braes

Last updated: 27 April 2026

Website: www.pascalebraes.be

E-mail: support@pascalebraes.be

Address: Ul. Sveta Marina 14, 7163 Karan Varbovka, Bulgaria

At Pascale Braes, I highly value your privacy. This Privacy Statement explains which personal data I collect, why I collect it, how I protect it, and what rights you have.

1. Controller

The data controller is Pascale Braes, located at Ul. Sveta Marina 14, 7163 Karan Varbovka, Bulgaria.

2. What personal data do I collect?

I only collect personal data that is necessary to provide my services:

- Contact details: name, email address, phone number
- Health information: optional information provided during intake or sessions (only with your explicit consent)
- Technical data: IP address, device and browser information, website and Zoom usage data
- Payment data: invoice details and payment information (processed by payment providers)
- Communication data: emails, messages and notes regarding appointments and support

3. Purposes and legal basis

Your personal data is processed for the following purposes:

- Performing the agreement (booking and delivering sessions, The Somatic Reset, workshops and digital products)
- Managing bookings, scheduling and access to services
- Tailoring sessions to your personal needs (based on optional health information)
- Sending recordings of sessions (only upon your request)
- Communicating about appointments, changes and service-related matters
- Analysing and optimising website and service usage
- Marketing and newsletters (only with your prior consent)

The legal bases for processing are:

- Performance of the contract (for bookings and delivery of services)
- Legitimate interest (for website analytics, communication and service optimisation)
- Consent (for health information and marketing purposes)

4. Retention periods

- Contact and invoice data: 7 years (legal accounting obligation)
- Health information: until the end of the service provision, unless you give explicit consent for longer retention
- Technical data (such as cookies and analytics): maximum 1 year
- Communication (emails and messages): maximum 3 years, or longer if necessary for the performance of the agreement

5. Sharing of personal data

I only share your data with third parties that are necessary for the execution of the services:

- Zoom (for sessions)
- WeTransfer (for sending recordings)
- Payment providers (Stripe, Mollie or bank)
- Website and email hosting providers (where applicable)

All these parties process the data solely on my behalf and in accordance with the GDPR. Your data is never sold to third parties or used for their commercial purposes.

6. International transfers

Data processing mainly takes place within the European Union (Bulgaria). If a processor outside the EU is used, appropriate safeguards are ensured in accordance with the GDPR (such as Standard Contractual Clauses

7. Security

I take appropriate technical and organisational measures to protect your data:

- Encryption of stored and transmitted data
- Access is limited to authorised persons only
- Use of secure and up-to-date software and platforms
- In the event of a data breach, the notification obligations under the GDPR and Bulgarian law will be followed

8. Your rights

You have the following rights regarding your personal data:

- Right of access
- Right to rectification (correction of inaccurate data)
- Right to erasure ("right to be forgotten"), unless a legal retention obligation applies
- Right to restriction of processing
- Right to object to processing
- Right to data portability
- Right to withdraw consent at any time (for marketing or health information)

Requests can be sent to support@pascalebraes.be. I will respond within 30 days.

9. Cookies and tracking

Functional and analytical cookies are used on the website for proper functioning and usage analysis. Marketing cookies are only placed after your explicit consent. You can manage your cookie preferences via the cookie banner or through your browser settings.

10. Complaints

If you have any complaints about the processing of your personal data, please contact me at support@pascalebraes.be. You also have the right to lodge a complaint with the Bulgarian supervisory authority: Commission for Personal Data Protection (CPDP) – www.cpdp.bg

11. Changes to this privacy statement

This Privacy Statement may be updated. Changes will be published on the website and will take effect immediately. In case of significant changes, I will inform you by email.